

TRAVEL RECOMMENDATIONS

SAN PEDRO DE ATACAMA

PREPARE FOR DISCOVER YOURSELF

The Atacama Salt Flat basin and the surrounding area count with extreme conditions that make it a "careful zone" at the moment to choose what to bring to San Pedro. Given that the forgetfulness of some of this elements could make us have a bad time during our visit, is the reason we've prepared this stuff list, then you can make a check list before travel:



1. Sun hat, legionary kind protecting neck
2. Sunglasses with 100% UV filter, without visible scratches
3. Sunscreen 50+ factor
4. Sunscreen for lips
5. Personal bottle for water
6. Moisturing body cream
7. Nose moistoring for nights (Mentholatum or similar)
8. Trekking or Hiking Boots
9. Trekking pants
10. Long sleeve shirts
11. Windblock jacket
12. Warm clothes (3 layers up, 2 layers down)
13. Hat covering the ears
14. Balaclava
15. Gloves
16. Thin polypropilen socks or similar
17. Thick socks
18. Clothes for the town (during the day could be up to 30° Celsius)
19. Sandals
20. Swimsuit and Towel (In case you are taking bath in a hot spring or in a salty lagoon)